



A LITTLE BIT GOES A LONG WAY....

Just 1-2 hours a week can make a difference in someone's life!

Perhaps you've reached a point when you have a little extra time in your life. How about spending a little of that time with us assisting our seniors and residents with disabilities in Warren County by volunteering for:

- The **Warren County Meals At Home Program** - volunteers deliver meals to older adults who are homebound or unable to shop for their groceries and/or prepare meals for themselves.
- The **Volunteer Connection Program** - volunteers assist elderly/disabled individuals remain in their homes through the following programs:
 - Chore Corps
 - Medically Essential Transportation
 - Grocery Shopping
 - Friendly Visitor
 - Telephone Reassurance
 - Bill Payer

If you would like information about volunteering for these programs or know anyone in Warren County who would benefit from these services, please call Visiting Homemaker Service of Warren County..... Debbie Fox, Coordinator, Warren County Meals At Home Program and/or CeCe Lindsley, Coordinator, Volunteer Connection Program at **(908) 689-4140**.

These programs are funded by the Warren County Board of Chosen Freeholders with funds from the Older Americans Act and other funds from the Warren County Department of Human Services.