


St. Luke's Warren Campus Older Adult Meal Program

	Monday	Tuesday	Wednesday	Thursday	Friday
Week of July 2nd	Chicken Cacciatore Sautéed Spinach Linguine w/ Parsley Tossed Salad Chocolate Brownie	Panko Crusted Chicken Breast Sautéed Zucchini & Onion Buttered Noodles Tossed Salad Chocolate Chip Cookies		Braised Pot Roast Steamed Broccoli & Red Peppers Chive Mashed Potatoes Tossed Salad Rice Pudding	Fish and Chips Carolina Cole Slaw Tossed Salad Vanilla Pudding
Week of July 9th	Spinach Parmesan Crusted Tilapia Steamed Vegetable Medley Quinoa Primavera Tossed Salad Orange Gelatin	General Tso's Chicken Basmati Rice Steamed Broccoli Tossed Salad Oatmeal Raisin Cookies	Chicken Parmesan Garlic Green Beans Linguine w/ Parsley Marinara Sauce Tossed Salad Frosted Yellow Cake	BBQ Pulled Chicken Creamy Cole Slaw Macaroni & Cheese Tossed Salad Strawberry Gelatin	Baked Ziti with Italian Sausage Sautéed Zucchini Breadstick Tossed Salad Chocolate Brownie
Week of July 16th	Sautéed Chicken Marsala Toasted Orzo Sautéed Spinach Tossed Salad Tapioca Pudding	Cheese Manicotti with Two Sauce Grilled Zucchini Breadstick Tossed Salad Chocolate Brownie	BBQ Teriyaki Pork Loin with Crispy Onions Steamed Broccoli Roasted Red Bliss Potato Tossed Salad Vanilla Pudding	Home- Style Meatloaf Sautéed Green Beans Mashed Potatoes Tossed Salad Strawberry Gelatin	Asian Beef and Broccoli Stir Fry House Fried Rice Vegetable Eggroll Tossed Salad Chocolate Pudding
Week of July 23th	Bacon Wrapped Pork Loin Balsamic Roasted Vegetable Chive and Garlic Mashed Potatoes Tossed Salad Chocolate Brownie	Sesame Chicken Breast Steamed Broccoli Jasmine Rice Tossed Salad Orange Gelatin	Roasted Boneless Turkey Breast Roasted Butternut Squash Yukon Mashed Potatoes Tossed Salad Peanut Butter Cookies	Macaroni and Cheese Stewed Tomato Green Beans Tossed Salad Vanilla Pudding	Shepherd's Pie Sautéed Green Bean Simply Roasted Beets Tossed Salad Strawberry Gelatin
Week of July 30rd	Honey BBQ Chicken Breast Steamed Corn Roasted Rosemary Potato Tossed Salad Strawberry Gelatin	Cheese Ravioli with Bolognese Sauce Sauté Spinach Garlic Breadsticks Tossed Salad Chocolate Brownie			

Older Adult Meals are available to Adults 65 & Older Monday – Friday from 4:00pm to 6:00pm (\$3.99+tax)